

Paint Like A Seal

Learning Level

- Gr PK and up

Skills

- Painting/motor skills

Materials

- Cardboard, or cardstock
- Marker, chalk or paintbrush and paint
- Paper
- Tape

Objective

Learners will be challenged to see if they can paint/draw like a seal

Background Information

Seals are mammals just like us! They have hair, breathe air, have live birth, drink milk and regulate their body temperature (warm-blooded). But one thing that makes us really special that they don't have, are thumbs! Our thumbs allow us to grip things, like paintbrushes, that opens up our possibilities for so much! But our seals have found ways to make beautiful art too. They can use their mouth or flippers to hold a paintbrush. Today, you are challenged to see if you can paint like a seal with its flipper.

Procedure

1. Prepare a paint or coloring station
2. Tape the paintbrush or marker to a flat piece of cardboard, so that the tip is past the edge of the cardboard

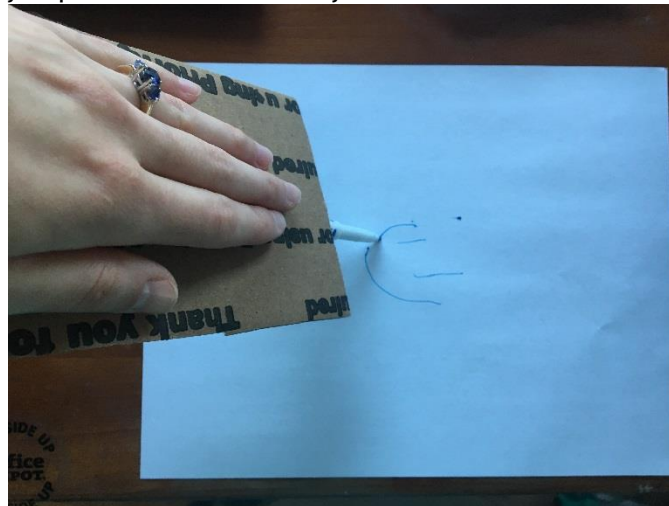


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3. Have each participant put their flat hand on cardboard with their color of choice attached. Then tape their flat hand to the cardboard, so the only movement they have to paint with is essentially their wrist.



4. Get creative! What can you paint and make when you have the limitations of a seal?



Discussion Questions

- How was painting like a seal? Was it more or less challenging to paint like a seal vs. painting like a person? Why?
- What do you think a flipper might be better at than a hand for a seal?

Show us your seal art on Facebook, Instagram or Twitter @NEAq!